

The Eucharist

1. What is the Eucharist based on?

2. What happens in a Eucharist ceremony?

3. What is a 'First Holy Communion'?

4. Why is the Eucharist important to Christians?

5. What do Catholics believe about the Eucharist?

6. What does the Sign of the Cross signify at the start of the Eucharist?

The Eucharist - Answers

1. What is the Eucharist based on?

The Last Supper. Students may give some description of this using the quote from Luke's Gospel.

2. What happens in a Eucharist ceremony?

Expect reference to the eating of bread and drinking of wine. Students may link this to Jesus' words in the quote from Luke's Gospel.

3. What is a 'First Holy Communion'?

It is a ceremony in the Catholic Church where primary school age children first take part in the Eucharist. It is accompanied by instruction and a celebration.

4. Why is the Eucharist important to Christians?

It remembers Jesus and his sacrifice. It is also a sacrament through which they can gain God's grace.

5. What do Catholics believe about the Eucharist?

They believe in transubstantiation. This is the idea that the bread and wine actually become Jesus' body and blood during the ceremony.

6. The father (God) The Son (Jesus) and the Holy Spirit (Jesus' representation on earth.)