

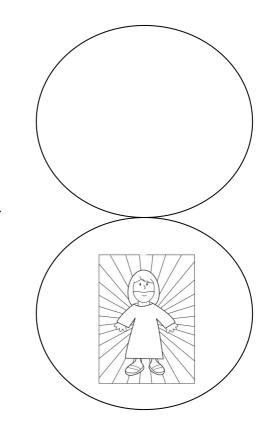
First, you need to colour in the other page giving the effect of a stained glass window.

Then you can colour and cut out the host and the chalice below.

This is the host. Jesus gave this bread in remembrance of Jesus' body.

Cut around me, but be careful not to cut the joining flap. Then fold it over so Jesus is hidden inside. This reminds us the host / the bread is Jesus!

Then stick it on your colourful 'stained glass window' towards the top of the page.



on your coloured background underneath the host.

