



The Parts of the Mass

Learning Focus 2

Mass

Another word for the Mass is the
Eucharist.

This word means thanksgiving.



Mass

The Mass has four parts:

1. We gather
2. We listen
3. We give thanks
4. We go out

1. We gather

We gather together with others in our parish family. We gather to give God praise and thanks. Everyone is welcomed.

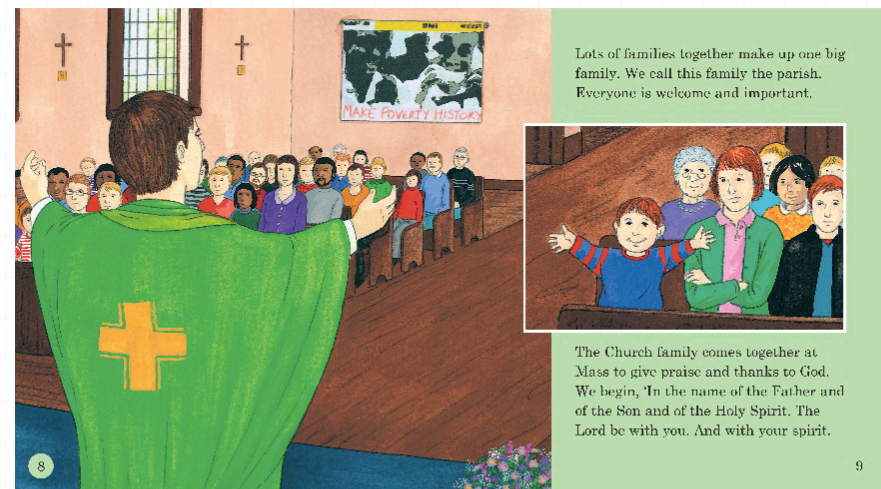


It's Sunday morning!

Some people are on their way to Church for Mass.

Some go together as a family and others go on their own.

Sometimes people go to Mass on a Saturday evening.



Lots of families together make up one big family. We call this family the parish. Everyone is welcome and important.

The Church family comes together at Mass to give praise and thanks to God. We begin, 'In the name of the Father and of the Son and of the Holy Spirit. The Lord be with you. And with your spirit.'

2. We listen

We listen carefully
and give thanks
as God speaks to
us through his
Word in Scripture.

During Mass we listen to God's word.
People from our parish family are
readers. The reading ends with:
'The Word of the Lord.'
We respond with: 'Thanks be to God'.
Sometimes the psalm is sung.

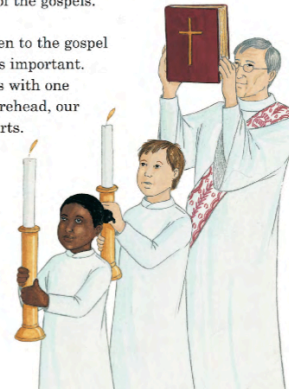
10



11

After these readings, the Book of the Gospels is held
up and carried in procession to the lectern.
We greet the Gospel with 'Alleluia!'
The deacon or priest then reads the Good News of
Jesus from one of the gospels.

We stand to listen to the gospel
to show that it is important.
We make a cross with one
thumb on our forehead, our
lips and our hearts.
This shows we
want to
understand,
speak and love
God's word.



12

The deacon or priest ends the gospel reading with:
'The Gospel of the Lord.'
We respond with: 'Praise to you Lord Jesus Christ.'



13

3. We give thanks

During this part of the Mass, we give thanks to God as the priest says the same words as Jesus did at the Last Supper. We call this the 'Eucharistic Prayer'.

In the Eucharistic Prayer the priest does what Jesus did at the Last Supper.
'Take this, all of you, and eat of it:
For this is my body.'



'This is the chalice of my blood.'
'Do this in memory of me.'

When we receive Jesus he
joins us closer to himself,
to God his Father and to
one another.



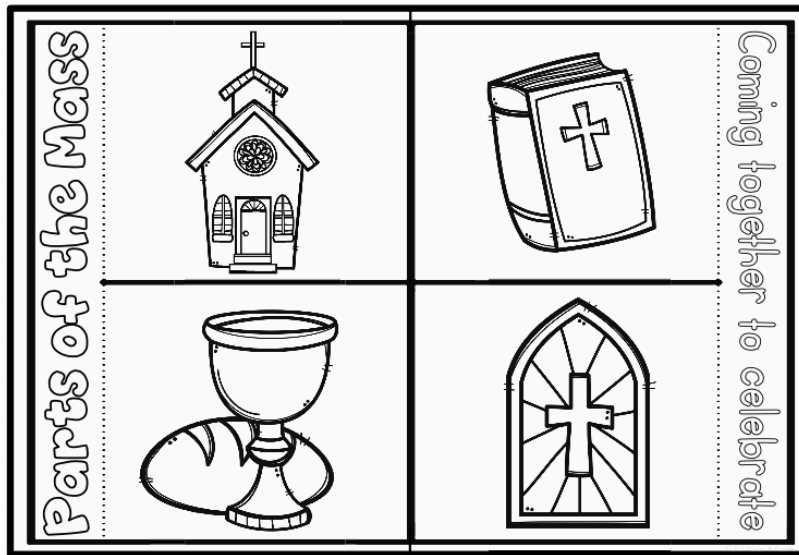
4. We got out

The priest sends us out in peace to spread God's love to everyone.

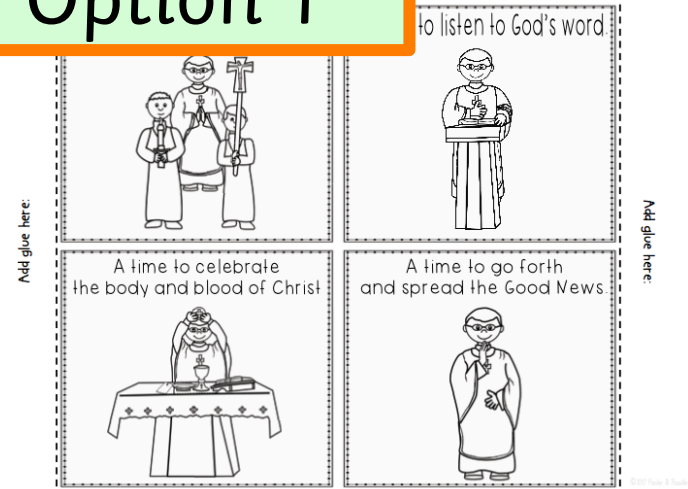


Today's Task

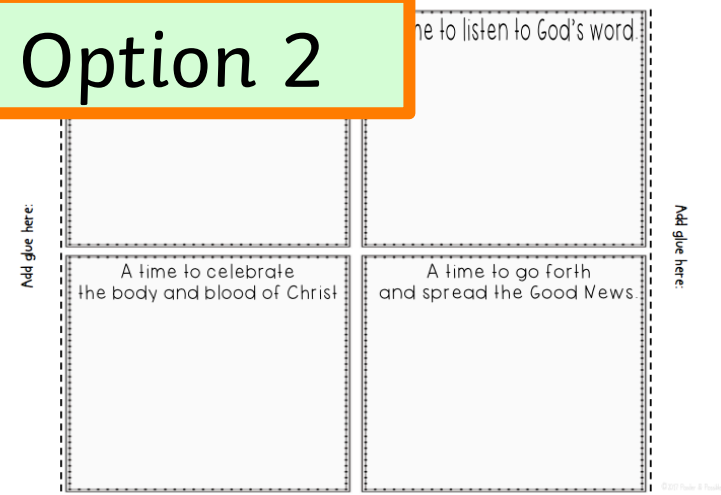
Front cover



Option 1



Option 2



Extension Worksheet

Have a go at answering the questions on the worksheet.

What is Mass?

The four main parts of the Mass are:

1. _____

2. _____

3. _____

4. _____

Reflection

Mass is important to me because...

When I go to Mass I feel...

Some ways I can spread God's love are...
