

Question:

How do I spot the signs of bullying in my child ?

Answer:

The best way is to talk to them.

But above all listen.

Sometimes it may merely be a cry for attention because you have been busy with work, illness or taking care of another sibling.

Real bullying in primary schools is very rare and usually easily dealt with.

Online bullying is much more complex and mainly affects teenage or these days even younger girls. Again talk and listen