

# Our Lady & St Joseph Primary School Prayer Progression



This is not an exhaustive list. The prayers build up year upon year.

#### **EYFS**

Sign of the Cross Morning Offering, Grace before meals, Prayer before going home. (These are all on display in the classroom) Our Father Hail Mary

**Year 1** (The following is in addition to the above for all year groups) Glory be to the Father

### Year 2

Act of Contrition Simple responses for the Mass

#### Years 3-6

Father in heaven I give you today, all that I think and do and say. I give it all with what was done, by Jesus Christ, your only son. Amen.

O Jesus, through the Immaculate Heart of Mary, I offer you all my prayers, works, suffering and joys of this day, for all the intentions of your Divine Heart. Amen.

All responses in mass should be known including The Gloria, Mystery of Faith, Holy Holy and Lamb of God

Children from all year groups should be given the opportunity to lead the prayer sessions and to make up prayers of their own. They are encouraged to talk to God in their own words.

## **OLSJ Daily prayers**

### **Morning prayer EYFS**

Good morning Lord, we praise your Holy name And thank you for giving us this wonderful day. Amen

# **Morning prayer KS1/KS2**

O My God, you love me, you're with me night and day. I want to love you always
In all I do and say.
I'll try to please you, Father.
Bless me through the day. Amen.

## Grace before lunch

Bless us O Lord as we sit together, Bless the food we eat today Bless the hands that make the food Bless us O Lord Amen

#### Grace after lunch

Thank you Lord for the food we have eaten, Thank you Lord for all our friends Thank you Lord for everything Thank you Lord Bless us O Lord Amen

# End of the day prayers EYFS

Now the day is over,
We lift our hands and say
Thank you heavenly father for today
We're sorry for the wrong things but glad about the right.
Thank you heavenly father for tonight.
Amen

# KS1/KS2

God our Father, I come to say
Thank you for your love today
Thank you for my family,
And all the friends you give to me.
Guard me in the dark of night
And in the morning say goodnight
Amen.

# Act of Sorrow

O my God I am sorry for the things that I do wrong. Help me to become a better person. Amen.

# Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful, and enkindle in them the fire of your love.

Send forth your Spirit and they shall be created.

And you shall renew the faith of the earth.

Let us pray: O God who has taught the hearts of the faithful by the light of the Holy Spirit, grant by the gifts of the same Spirit we may be always truly wise and ever rejoice in his consolation.

## **Prayer to Our Lord**

I give you my hands to do your work.
I give you my feet to go on your way.
I give you my eyes to see as you do.
I give you my tongue to speak your words.
I give you my mind that you may think in me. I give you my spirit that you may pray in me. Above all
I give you my heart that you may love in me, your Father, and all mankind.
I give you my whole self that you may grow in me, so that it is you, Lord Jesus, who live, and work, and pray in me.

# Prayer to God the Father

God be in my head, and in my understanding; God be in mine eyes, and in my looking; God be in my mouth, and in my speaking; God be in my heart, and in my thinking; God be at mine end, and in my departing.

### **Prayers in the Mass**

### **Confiteor** (Year 3)

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned in my thoughts and in my words, in what I have done, and in what I have failed to do; through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints,

and you, my brothers and sisters, to pray for me to the Lord our God.

### The Gloria (Years 4)

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you. We give you thanks for your great glory.

Lord God, Heavenly King, O God, almighty father. Lord Jesus Christ, only begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world: have mercy on us; You take away the sins of the world, grant us peace. You are seated at the right hand of the father: have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with

# the Holy Spirit, in glory of God the Father. Amen.

### Holy, holy (Year 4)

Holy, holy, holy Lord God of hosts, heaven and earth are full of you glory, Hosanna in the Highest. Blessed is he who comes in the name of the Lord, Hosanna in the highest.

# Lamb of God (Year 3)

Lamb of God, you take away the sins of the word, have mercy on us. Lamb of God, you take away the sins of the word, have mercy on us.

Lamb of God, you take away the sins of the word, grant us peace.