## **LEARNING FOCUS 4:** Communion Rite.

## CONTENT

Read *God's Story 3* page 143 *What I heard I am handing on* based on 1 Corinthians 11: 24-27 and After the Last Supper Jesus has gave his body and blood for us, which we receive in Holy Communion at the celebration of the Eucharist. After the Eucharist prayer has been said, the Communion Rite begins. It includes the Lord's Prayer, the Sign of peace, Lamb of God, Holy Communion and the Prayer after Communion.

At the beginning of the Communion Rite, everyone is invited to pray the Our Father, the prayer which Jesus gave his friends. This is a simple but challenging prayer. We humbly ask God for what we need. Our 'daily bread' can be food, the need for courage, patience, peace, healing, etc. We ask for forgiveness from God and recognise that we will forgive others, too. At the end of the prayer, we acknowledge that temptation can be difficult, and we need God's help.

## SOME KEY QUESTIONS

- What is the tradition that Saint Paul spoke about to the Christians at Corinth?
- Why do we begin the Communion Rite with the Our Father?
- Why is the Our Father a challenging prayer?

Our Father, Who art in Heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil

Task - read the Lord's Prayer line by line, thinking carefully about the meaning. Write an explanation for what the prayer means.