

PE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	<b>Invasion Games</b> Sending and receiving ,Keeping possession of the ball	<b>Invasion Games</b> Understand simple tactics when attacking	<b>Gymnastics</b> Making a variety of shapes, Using apparatus and putting together sequences	<b>Dance</b> Develop actions and phases of movement, linking them to a theme using expression and choreography.	<b>Striking &amp; Fielding</b> Develop how to hit or strike the ball into space, Role of bowler	<b>Athletics</b> Developing running, throwing, jumping. develop understanding of personal best performances.
Year 4	<b>Invasion Games</b> Sending and receiving, Keeping possession of the ball	<b>Invasion Games</b> Understand simple tactics when attacking	<b>Gymnastics</b> Making a variety of shapes, Using apparatus and putting together sequences <b>Swimming</b>	<b>Dance</b> Develop actions and phases of movement, linking them to a theme using expression and choreography	<b>Striking &amp; Fielding</b> Develop how to hit or strike the ball into space, Role of bowle <b>Swimming</b>	<b>Athletics</b> Developing running, throwing, jumping. develop understanding of personal best performances .
Year 5	<b>Invasion Games</b> Use marking, tackling and interception in defence, Shooting and keeping <b>Swimming</b>	<b>Invasion Games</b> Support play and formations when attacking <b>Swimming</b>	<b>Gymnastics</b> To perform a variety of floor and vault movements.To choreograph their own sequences and routines	<b>Dance</b> Develop actions and phases of movement, linking them to a theme using expression and choreography.	<b>Striking &amp; Fielding</b> Develop role of bowler, wicket keeper, backstop, fielder and batter. Fielding as a team	<b>Athletics</b> Set targets & improve performance in running, jumping and throwing activities
Year 6	<b>Invasion Games</b> Use marking, tackling and interception in defence, Shooting and keeping	<b>Invasion Games</b> Support play and formations when attacking	<b>Gymnastics</b> To perform a variety of floor and vault movements.To choreograph their own sequences and routines	<b>Dance</b> Develop actions and phases of movement, linking them to a theme using expression and choreography	<b>Striking &amp; Fielding</b> Develop role of bowler, wicket keeper, backstop, fielder and batter. Fielding as a team	<b>Athletics</b> Set targets & improve performance in running, jumping and throwing activities

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Reception	<b>Fundamental Movement Skills</b> Develop movement, coordination and spatial awareness.	<b>Fundamental Skills</b> Explore and develop skills individually, with a partner and as part of a small group. Throwing, catching, kicking and coordination	<b>Gymnastics</b> Develop skills, actions and movements. Travelling, jumping balancing and rolling	<b>Fundamental Skills</b> Explore and develop skills individually, with a partner and as part of a small group. Throwing, catching, kicking, coordination	<b>Dance</b> Activities linked to the development of movement and actions.	<b>Sports Day Focus</b> Activities linked to the development of running, jumping and throwing. To understand the basic principle of competition.
Year 1	<b>Movement Focus</b> Develop movement, coordination and spatial awareness.	<b>Games Focus</b> To develop: agility, throwing, kicking catching, To use these skills individually, in pairs or team games.	<b>Gymnastics</b> Develop actions, skills and movements through: Shapes, travel, jumping, balancing, rocking and rolling	<b>Games Focus</b> To develop: agility, throwing, kicking catching, To use these skills individually, in pairs or team games.	<b>Dance</b> Develop actions and phases of movement, linking to a theme and using expression.	<b>Athletics Focus</b> Develop athletic skills: Running, jumping and throwing. develop understanding of personal best performances
Year 2	<b>Movement Focus</b> Develop movement, coordination and spatial awareness.	<b>Games Focus</b> To develop: agility, throwing, kicking catching, To use these skills individually, in pairs or team games. To develop team work and basic tactical awareness.	<b>Gymnastics</b> Develop actions, skills and movements through: Shapes, travel, jumping, balancing, rocking and rolling	<b>Games Focus</b> To develop: agility, throwing, kicking catching, To use these skills individually, in pairs or team games. To develop team work and basic tactical awareness.	<b>Dance</b> Develop actions and phases of movement, linking to a theme and using expression.	<b>Athletic Focus</b> Develop athletic skills: Running, jumping and throwing. develop understanding of personal best performances