



FREE! Cookery Courses In Hackney May – June 2018



Love food? Want to improve your cooking skills and learn to make quick, affordable, tasty meals? Looking to improve your health and wellbeing? These classes are for you!

Come and learn to cook the food of your multicultural neighbours in a healthy way on our International Cuisine course, or, enjoy good family time with your children while cooking and sharing fresh delicious food.

COOKING FOR LIFE – FAMILY COOKING (minimum age 4)

Learn to make delicious, healthy, affordable meals with your children

INTERNATIONAL CUISINE

Learn to make healthy, affordable meals from around the world – Asia, Eastern Europe, Caribbean and beyond

SEE REVERSE FOR DATES AND LOCATIONS -> ->



Made In Hackney is a
registered charity 1176690
www.madeinhackney.org



NYE BEVAN COMMUNITY HALL, Overbury Street, E5 0AW

International Cuisine – Monday 6.30 to 8.30 pm (6 week course)

7th, 14th, 21st, 28th May, 4th, 11th June 2018

Family Cooking For Life – Friday 4.30 to 6.30 pm (6 week course)

11th, 18th, 25th, May 8th, 15th, 22nd June 2018 (no class 1st June)

LEA VIEW HOUSE COMMUNITY HALL, Springfield, E5 9DX

Family Cooking For Life – Friday 4.30 to 6.30 pm (6 week course)

11th, 18th, 25th, May 8th, 15th, 22nd June 2018 (no class 1st June)

REDMOND COMMUNITY CENTRE, Kayani Avenue, N4 2HF

Family Cooking For Life – Wednesday 4.30 to 6.30 pm (6 week course)

9th, 16th, 23rd, May 13th, 20th, 27th June 2018 (no class 30th May and 6th June)

International Cuisine – Thursday 6.30 to 8.30 pm (6 week course)

10th, 17th, 24th, 31st May 7th, 14th June 2018

FREE (Donations welcome)

TO BOOK YOUR PLACE: 02084424266 or info@madeinhackney.org



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